

# Longmeadow Youth Track Meet (Elem) May 13 - 5/13/23

## Results

### Girls 100 Meters Grades 1-3 Finals

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
1	Cullinan, Aubrey	3	UNATTACHED	17.24	<b>16.4</b> h	5
2	Ozga, Zoey	3	UNATTACHED	17.34	<b>16.8</b> h	3
3	Parente, Serena	2	LONGMEADOW PARKS &...		<b>18.3</b> h	2
4	Hurst, Ella	2	UNATTACHED	19.94	<b>18.4</b> h	1
5	McVety, Nora	3	UNATTACHED	19.04	<b>18.8</b> h	
6	Adams, Kayleigh	3	UNATTACHED	19.24	<b>19.0</b> h	
7	Orszulak, Lily	1	UNATTACHED	20.24	<b>19.3</b> h	
7	Montoya, Alexandra	2	UNATTACHED	19.34	<b>19.3</b> h	
9	Laudermith, Nora	2	UNATTACHED	20.44	<b>19.6</b> h	
9	Snow, Mila	2	UNATTACHED	19.54	<b>19.6</b> h	
11	Dion, Louisa	1	UNATTACHED	21.74	<b>20.3</b> h	
12	Martin, Cora	1	UNATTACHED	21.44	<b>20.4</b> h	
13	Coghill, Quinn	2	UNATTACHED	20.44	<b>20.9</b> h	
14	Morgan, Claire	2	UNATTACHED	21.04	<b>21.2</b> h	
15	Lipke, Rose	1	UNATTACHED	20.54	<b>21.5</b> h	
16	Schettler, Violet	1	UNATTACHED	21.04	<b>21.8</b> h	
17	Shenoy, Neela	1	UNATTACHED		<b>23.8</b> h	

### Boys 100 Meters Grades 1-3 Finals

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
1	Jabiev, Emil	3	UNATTACHED	16.74	<b>16.4</b> h	5
2	Orszulak, Finn	3	UNATTACHED	17.14	<b>17.9</b> h	3
3	Sesko, Axel	1	UNATTACHED		<b>19.2</b> h	2
4	St Amand, Michael	1	UNATTACHED	19.24	<b>19.4</b> h	1
5	Delp, Charlie	2	UNATTACHED	21.54	<b>19.5</b> h	
6	Kindle, Graeme	3	UNATTACHED	19.74	<b>19.7</b> h	
7	Jasak, Benjamin	1	UNATTACHED	19.94	<b>19.8</b> h	
8	Tuohey, Brandon	3	UNATTACHED	19.84	<b>20.7</b> h	
9	Uliana, Cooper	2	UNATTACHED	22.74	<b>22.0</b> h	
10	Ruiz, Felix	3	UNATTACHED		<b>22.8</b> h	
11	Regan, James	2	UNATTACHED	24.54	<b>22.9</b> h	

**Girls 100 Meters Grades 4-5****Finals**

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
1	Mullane, Elise	5	UNATTACHED		<b>16.5h</b>	5
2	Pieciul, Olivia	5	UNATTACHED	16.34	<b>16.6h</b>	2.5
2	Howard, Madeleine	4	LONGMEADOW PARKS &...	16.64	<b>16.6h</b>	2.5
4	St Amand, Emily	4	UNATTACHED	17.14	<b>16.7h</b>	1
5	Sesko, Nessa	4	UNATTACHED	18.44	<b>17.3h</b>	
6	Leng, Cecilia	4	UNATTACHED	18.64	<b>17.9h</b>	
7	Key, Keidi	4	UNATTACHED		<b>18.1h</b>	
8	Aldrich, Hailey	5	UNATTACHED	18.04	<b>18.2h</b>	
9	Pieciul, Lindsey	4	UNATTACHED	18.84	<b>18.3h</b>	
10	Denyko, Vera	5	LONGMEADOW PARKS &...	18.84	<b>18.5h</b>	
11	Key, Kelley	5	UNATTACHED		<b>18.9h</b>	
12	Tuohey, Ella	4	UNATTACHED	18.54	<b>19.0h</b>	
13	Ikonomidis, Sophia	4	UNATTACHED	19.44	<b>19.4h</b>	
14	Niestemski, Winifred	4	UNATTACHED	18.94	<b>19.8h</b>	

**Boys 100 Meters Grades 4-5****Finals**

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
1	St Amand, Robert	5	UNATTACHED	16.64	<b>15.4h</b>	5
2	Ketcham, Sawyer	4	UNATTACHED	16.54	<b>15.7h</b>	3
3	Collins, Thomas	5	UNATTACHED	16.84	<b>16.0h</b>	2
4	Sweeney, Patrick	5	UNATTACHED	16.84	<b>16.2h</b>	1
5	Ferguson, Connor	5	UNATTACHED	16.10	<b>16.3h</b>	
6	Brunette, Will	5	UNATTACHED	16.80	<b>16.5h</b>	
7	Worrell, Myles	5	UNATTACHED	16.94	<b>16.9h</b>	
8	Monge, Ethan	4	UNATTACHED	18.94	<b>18.7h</b>	
9	Pokharel, Kushal	4	LONGMEADOW PARKS &...	18.84	<b>19.6h</b>	
10	Pang, Jerome	4	UNATTACHED		<b>19.8h</b>	
11	Crawford, Sam	4	UNATTACHED	19.64	<b>21.1h</b>	
12	Murphy, Daniel	5	UNATTACHED	28.04	<b>29.5h</b>	

**Girls 200 Meters Grades 4-5****Finals**

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
1	St Amand, Emily	4	UNATTACHED		<b>38.0</b> h	5
2	Sesko, Nessa	4	UNATTACHED		<b>39.0</b> h	3
3	Key, Keidi	4	UNATTACHED		<b>39.7</b> h	2
4	Niestemski, Winifred	4	UNATTACHED		<b>39.9</b> h	1
5	Keane, Hazel	5	UNATTACHED		<b>40.1</b> h	
6	Budri, Emilie	4	UNATTACHED	41.84	<b>40.9</b> h	
7	Denyko, Vera	5	LONGMEADOW PARKS &...		<b>41.3</b> h	
8	Key, Kelley	5	UNATTACHED		<b>42.7</b> h	
9	Tuohey, Ella	4	UNATTACHED		<b>42.8</b> h	
9	Leng, Cecilia	4	UNATTACHED		<b>42.8</b> h	
11	Ikonomidis, Sophia	4	UNATTACHED		<b>43.5</b> h	

**Boys 200 Meters Grades 4-5****Finals**

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
1	St Amand, Robert	5	UNATTACHED		<b>35.5</b> h	5
2	Collins, Thomas	5	UNATTACHED		<b>35.8</b> h	3
3	Sweeney, Patrick	5	UNATTACHED		<b>38.5</b> h	2
4	Ferguson, Connor	5	UNATTACHED	39.94	<b>38.9</b> h	1
5	Monge, Ethan	4	UNATTACHED	39.94	<b>40.4</b> h	
6	Lewis, Reed	5	LONGMEADOW PARKS &...		<b>40.8</b> h	
7	Worrell, Myles	5	UNATTACHED		<b>41.8</b> h	

**Girls 200 Meters Grades 1-3****Finals**

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
1	Cullinan, Aubrey	3	UNATTACHED		<b>37.4</b> h	5
2	McVety, Nora	3	UNATTACHED	41.54	<b>38.0</b> h	3
3	Hurst, Ella	2	UNATTACHED		<b>40.4</b> h	2
4	Montoya, Alexandra	2	UNATTACHED		<b>41.4</b> h	1
5	Parente, Serena	2	LONGMEADOW PARKS &...		<b>41.6</b> h	
6	Gill, Sophie	1	UNATTACHED		<b>44.1</b> h	
7	Lipke, Rose	1	UNATTACHED		<b>44.9</b> h	

8	Morgan, Claire	2	UNATTACHED	47.0h
9	Martin, Cora	1	UNATTACHED	47.5h
10	Shenoy, Neela	1	UNATTACHED	52.7h

### Boys 200 Meters Grades 1-3 Finals

	Athlete	Yr	Team	Seed	Finals	Pts
1	Jasak, Thomas	3	UNATTACHED		35.5h	5
2	Jabiev, Emil	3	UNATTACHED		35.6h	3
3	Budri, Luca	2	UNATTACHED		37.7h	2
4	Orszulak, Finn	3	UNATTACHED		39.9h	1
5	St Amand, Michael	1	UNATTACHED		41.1h	
6	Sesko, Axel	1	UNATTACHED		41.3h	
7	Christensen, Ewan	2	UNATTACHED		42.2h	
8	Kindle, Graeme	3	UNATTACHED		42.3h	
9	Uliana, Cooper	2	UNATTACHED		42.5h	
10	Tuohey, Brandon	3	UNATTACHED		42.6h	
11	Jasak, Benjamin	1	UNATTACHED		43.4h	
12	Delp, Charlie	2	UNATTACHED		43.9h	
13	Ruiz, Felix	3	UNATTACHED		48.2h	

### Girls 800 Meters Grades 4-5 Finals

	Athlete	Yr	Team	Seed	Finals	Pts
1	Howard, Madeleine	4	LONGMEADOW PARKS &...	3:11.30	3:07.3h	5
2	Keane, Hazel	5	UNATTACHED	3:07.00	3:12.6h	3
3	Gebhardt, Scout	5	UNATTACHED	3:48.80	3:53.2h	2

### Boys 800 Meters Grades 4-5 Finals

	Athlete	Yr	Team	Seed	Finals	Pts
1	Brunette, Will	5	UNATTACHED		3:02.4h	5
2	Lewis, Reed	5	LONGMEADOW PARKS &...	3:18.20	3:54.8h	3

### Girls 800 Meters Grades 1-3 Finals

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
1	Valania, Emersyn	3	UNATTACHED	3:48.50	<b>3:38.8h</b>	5

### Boys 800 Meters Grades 1-3 Finals

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
1	Jasak, Thomas	3	UNATTACHED	3:16.80	<b>3:07.1h</b>	5
2	Jabiev, Emil	3	UNATTACHED	3:34.50	<b>3:12.1h</b>	3
3	Bergeron, Drew	2	UNATTACHED		<b>3:17.9h</b>	2
4	Przyborski, Ben	3	UNATTACHED	3:38.10	<b>3:29.2h</b>	1
5	Anderson, Henry	1	UNATTACHED	4:05.10	<b>3:39.8h</b>	

### Girls Javelin Grades 4-5 Finals

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
1	Keane, Hazel	5	UNATTACHED	11.00m	<b>11.20m</b>	5
2	St Amand, Emily	4	UNATTACHED	9.30m	<b>9.80m</b>	2.5
2	Denyko, Vera	5	LONGMEADOW PARKS &...	10.60m	<b>9.80m</b>	2.5
4	Gebhardt, Scout	5	UNATTACHED	9.10m	<b>9.70m</b>	1
5	Howard, Madeleine	4	LONGMEADOW PARKS &...	8.50m	<b>8.80m</b>	
6	Tuohey, Ella	4	UNATTACHED	10.30m	<b>8.50m</b>	
7	Mullane, Elise	5	UNATTACHED	9.20m	<b>8.40m</b>	

### Boys Javelin Grades 4-5 Finals

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
1	Brunette, Will	5	UNATTACHED	20.80m	<b>20.50m</b>	5
2	Pokharel, Kushal	4	LONGMEADOW PARKS &...	19.26m	<b>18.50m</b>	2.5
2	Collins, Thomas	5	UNATTACHED	20.40m	<b>18.50m</b>	2.5
4	St Amand, Robert	5	UNATTACHED	18.80m	<b>14.00m</b>	1
5	Lewis, Reed	5	LONGMEADOW PARKS &...	13.10m	<b>13.20m</b>	
6	Murphy, Daniel	5	UNATTACHED	11.50m	<b>13.00m</b>	
7	Ketcham, Sawyer	4	UNATTACHED	9.70m	<b>12.30m</b>	
8	Ferguson, Connor	5	UNATTACHED	11.30m	<b>12.20m</b>	

9	Worrell, Myles	5	UNATTACHED	12.70m	<b>11.80m</b>
10	Pang, Jerome	4	UNATTACHED	7.70m	<b>8.30m</b>
11	Crawford, Sam	4	UNATTACHED	6.30m	<b>6.80m</b>

### Girls Javelin Grades 1-3 Finals

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
1	Ozga, Zoey	3	UNATTACHED	13.10m	<b>10.80m</b>	5
2	Mullane, Lucia	3	UNATTACHED	11.50m	<b>10.70m</b>	3
3	Harrington, Addison	3	UNATTACHED		<b>9.90m</b>	2
4	Orszulak, Lily	1	UNATTACHED	8.50m	<b>7.00m</b>	1
5	Dion, Louisa	1	UNATTACHED		<b>5.70m</b>	
5	Coghill, Quinn	2	UNATTACHED	7.60m	<b>5.70m</b>	
7	Weston, Hanna	1	UNATTACHED		<b>5.50m</b>	
8	Gill, Sophie	1	UNATTACHED	6.30m	<b>4.90m</b>	
9	Shenoy, Neela	1	UNATTACHED		<b>3.40m</b>	

### Boys Javelin Grades 1-3 Finals

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
1	Budri, Luca	2	UNATTACHED	15.10m	<b>15.00m</b>	5
2	Przyborski, Ben	3	UNATTACHED	10.00m	<b>12.20m</b>	3
3	Tuohey, Brandon	3	UNATTACHED	10.60m	<b>12.10m</b>	2
4	Jasak, Thomas	3	UNATTACHED	12.50m	<b>12.00m</b>	1
5	Orszulak, Finn	3	UNATTACHED		<b>10.20m</b>	
6	St Amand, Michael	1	UNATTACHED	10.20m	<b>9.40m</b>	
7	Ruiz, Felix	3	UNATTACHED	7.10m	<b>8.50m</b>	
8	Regan, James	2	UNATTACHED	7.30m	<b>7.40m</b>	
9	Christensen, Ewan	2	UNATTACHED	7.80m	<b>7.30m</b>	
10	Jasak, Benjamin	1	UNATTACHED	6.40m	<b>6.70m</b>	
11	Delp, Charlie	2	UNATTACHED	5.70m	<b>6.50m</b>	
12	Anderson, Henry	1	UNATTACHED	8.00m	<b>5.90m</b>	
13	Uliana, Cooper	2	UNATTACHED	5.70m	<b>5.00m</b>	

### Girls Long Jump Grades 4-5 Finals

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
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1	Howard, Madeleine	4	LONGMEADOW PARKS &...	3.25m	<b>2.65m</b>	5
2	St Amand, Emily	4	UNATTACHED	2.50m	<b>2.35m</b>	3
3	Mullane, Elise	5	UNATTACHED	2.20m	<b>2.25m</b>	2
4	Niestemski, Winifred	4	UNATTACHED	2.40m	<b>2.00m</b>	1
5	Tuohey, Ella	4	UNATTACHED	2.15m	<b>1.90m</b>	
6	Budri, Emilie	4	UNATTACHED	2.16m	<b>1.80m</b>	

### Boys Long Jump Grades 4-5 Finals

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
1	Collins, Thomas	5	UNATTACHED	2.90m	<b>2.80m</b>	5
2	St Amand, Robert	5	UNATTACHED	2.50m	<b>2.60m</b>	3
3	Pokharel, Kushal	4	LONGMEADOW PARKS &...	2.80m	<b>2.50m</b>	2
4	Ketcham, Sawyer	4	UNATTACHED	2.30m	<b>2.35m</b>	1
5	Ferguson, Connor	5	UNATTACHED		<b>1.85m</b>	

### Girls Long Jump Grades 1-3 Finals

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
1	Cullinan, Aubrey	3	UNATTACHED	3.10m	<b>2.70m</b>	5
2	Ozga, Zoey	3	UNATTACHED	2.50m	<b>2.35m</b>	3
3	Parente, Serena	2	LONGMEADOW PARKS &...	1.40m	<b>2.15m</b>	2
4	Adams, Kayleigh	3	UNATTACHED	2.10m	<b>2.05m</b>	1
5	Mullane, Lucia	3	UNATTACHED	2.20m	<b>2.00m</b>	
6	Valania, Emersyn	3	UNATTACHED		<b>1.90m</b>	
7	Laudermith, Nora	2	UNATTACHED	2.35m	<b>1.85m</b>	
7	Hurst, Ella	2	UNATTACHED	1.65m	<b>1.85m</b>	
9	Snow, Mila	2	UNATTACHED	2.25m	<b>1.80m</b>	
9	Gill, Sophie	1	UNATTACHED	1.70m	<b>1.80m</b>	
11	Weston, Hanna	1	UNATTACHED	1.55m	<b>1.75m</b>	
11	Martin, Cora	1	UNATTACHED	1.80m	<b>1.75m</b>	
13	Lipke, Rose	1	UNATTACHED	1.90m	<b>1.70m</b>	
13	Coghill, Quinn	2	UNATTACHED	1.33m	<b>1.70m</b>	
15	Montoya, Alexandra	2	UNATTACHED	1.80m	<b>1.35m</b>	
16	Shenoy, Neela	1	UNATTACHED		<b>1.20m</b>	
16	Morgan, Claire	2	UNATTACHED	0.92m	<b>1.20m</b>	

## Boys Long Jump Grades 1-3 Finals

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
1	Kindle, Graeme	3	UNATTACHED	2.41m	<b>2.50m</b>	5
2	Orszulak, Finn	3	UNATTACHED	2.70m	<b>2.35m</b>	2.5
2	Jasak, Thomas	3	UNATTACHED	2.20m	<b>2.35m</b>	2.5
4	Tuohey, Brandon	3	UNATTACHED	2.80m	<b>2.30m</b>	0.5
4	Christensen, Ewan	2	UNATTACHED		<b>2.30m</b>	0.5
6	Delp, Charlie	2	UNATTACHED		<b>2.00m</b>	
7	Jabiev, Emil	3	UNATTACHED	2.55m	<b>1.80m</b>	
8	St Amand, Michael	1	UNATTACHED	1.80m	<b>1.70m</b>	
9	Jasak, Benjamin	1	UNATTACHED	1.65m	<b>1.55m</b>	

## Girls Shot Put Grades 4-5 Finals

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
1	Pieciul, Olivia	5	UNATTACHED	5.80m	<b>5.63m</b>	5
2	Keane, Hazel	5	UNATTACHED	5.11m	<b>5.43m</b>	3
3	Budri, Emilie	4	UNATTACHED	4.29m	<b>4.89m</b>	2
4	Gebhardt, Scout	5	UNATTACHED	3.90m	<b>4.04m</b>	1
5	Pieciul, Lindsey	4	UNATTACHED	3.39m	<b>3.59m</b>	
6	Leng, Cecilia	4	UNATTACHED	3.20m	<b>3.40m</b>	

## Boys Shot Put Grades 4-5 Finals

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
1	Pokharel, Kushal	4	LONGMEADOW PARKS &...		<b>6.00m</b>	5
2	Brunette, Will	5	UNATTACHED		<b>5.44m</b>	3
3	Murphy, Daniel	5	UNATTACHED	4.50m	<b>4.77m</b>	2
4	Monge, Ethan	4	UNATTACHED	4.00m	<b>4.32m</b>	1
5	Pang, Jerome	4	UNATTACHED	3.40m	<b>3.46m</b>	
6	Crawford, Sam	4	UNATTACHED	3.08m	<b>3.11m</b>	

## Girls Shot Put Grades 1-3 Finals

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
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1	Harrington, Addison	3	UNATTACHED	5.20m	<b>5.51m</b>	5
2	Ozga, Zoey	3	UNATTACHED	5.27m	<b>4.49m</b>	3
3	Adams, Kayleigh	3	UNATTACHED	3.90m	<b>3.84m</b>	2
4	Montoya, Alexandra	2	UNATTACHED	3.50m	<b>3.47m</b>	1
5	Weston, Hanna	1	UNATTACHED	2.90m	<b>3.16m</b>	
6	Snow, Mila	2	UNATTACHED	3.39m	<b>3.03m</b>	
7	Coghill, Quinn	2	UNATTACHED	3.00m	<b>2.72m</b>	
8	Parente, Serena	2	LONGMEADOW PARKS &...	2.70m	<b>2.49m</b>	
9	Orszulak, Lily	1	UNATTACHED	2.65m	<b>2.46m</b>	

### Boys Shot Put Grades 1-3 Finals

	<b>Athlete</b>	<b>Yr</b>	<b>Team</b>	<b>Seed</b>	<b>Finals</b>	<b>Pts</b>
1	Budri, Luca	2	UNATTACHED	5.27m	<b>5.02m</b>	5
2	Orszulak, Finn	3	UNATTACHED	2.92m	<b>4.13m</b>	3
3	Regan, James	2	UNATTACHED	3.70m	<b>3.77m</b>	2
4	Ruiz, Felix	3	UNATTACHED		<b>3.64m</b>	1